

**Winter Sports tryouts begin Friday, November 15th.**

**The Winter Sports Athletes and Families Meeting will be held on Tuesday, November 19th, at 6:00 PM in the Cafeteria.**

**All head Varsity and head JV coaches will be in attendance (assistant and volunteer coaches are encouraged to attend) to speak to parents about, schedules (practices and games), policies and procedures, and other sport-specific information.**

**Try-out schedules, locations and times below:**

### **Varsity Boys Basketball**

#### **Coaches,**

Head Coach: Deon Wingfield ([deonne\\_wingfield@hcpss.org](mailto:deonne_wingfield@hcpss.org))

Assistant Coach: Jansen McMillian ([Jansen\\_Mcmillian@hcpss.org](mailto:Jansen_Mcmillian@hcpss.org))

Tryout dates November 15th- November 18<sup>th</sup> in the Main Gym @ 2:30

### **JV Boys Basketball**

#### **Coaches,**

Head Coach: Pete Bergin ([pbergin2123@ymail.com](mailto:pbergin2123@ymail.com))

Assistant Coach: Micah Mbah ([micahmbah7@gmail.com](mailto:micahmbah7@gmail.com))

Tryout date November 15th- November 18<sup>th</sup> in the Aux Gym @ 4:30 PM

### **Varsity Girls Basketball**

#### **Coaches,**

Head Coach: Rhonda Corkeron ([Rhonda\\_corkeron@hcpss.org](mailto:Rhonda_corkeron@hcpss.org))

Assistant Coach: Mike Corkeron

Tryout date November 15th-November 19<sup>th</sup> in the Main Gym @ 4:30 PM

### **JV Girls Basketball**

#### **Coach,**

Head Coach: LaTonya Frizzelle ([Latonya\\_Frizzelle@hcpss.org](mailto:Latonya_Frizzelle@hcpss.org))

Tryout date November 15th-November 19<sup>th</sup> in the Main Gym @ 4:30 PM, with varsity.

### **Boys and Girls Indoor Track**

#### **Coaches,**

Boys Head Coach: Darnerien McCants ([Darnerien\\_McCants@hcpss.org](mailto:Darnerien_McCants@hcpss.org))

Girls Head Coach: Chantal Ridlon ([Chantal\\_Ridlon@hcpss.org](mailto:Chantal_Ridlon@hcpss.org))

Tryout date November 15th-November 19<sup>th</sup> on the Track @ 3:30 PM

## **Varsity Winter Cheer**

### **Coach,**

Varsity Head Coach Emily Townsend Peck ([Emily\\_Townsend@hcpss.org](mailto:Emily_Townsend@hcpss.org))

Tryout dates November 16<sup>th</sup> 10 AM Aux gym - November 19<sup>th</sup> Aux gym @ 2:30 PM

## **JV Winter Cheer**

### **Coach,**

JV Head Coach Brittany Brown ([Brittany\\_Brown@hcpss.org](mailto:Brittany_Brown@hcpss.org))

Tryout dates and location TBD

## **Wrestling:**

### **Coaches,**

Sean Alkire ([William\\_alkire@hcpss.org](mailto:William_alkire@hcpss.org))

John Wallace ([John\\_Wallace@hcpss.org](mailto:John_Wallace@hcpss.org))

Tryout dates November 15<sup>th</sup> 2:45 PM in the Wrestling Room

**Online registration now open at <https://www.hcpss.org/connect/>**

**Required materials for parents and students: Students will not be allowed to tryout unless all paperwork is turned in on or before Tuesday, November 12th. Coaches will not accept any paperwork on the day of tryouts (Friday 11/15/19)**

- Parent Permission Form
- Physical form completed by a doctor (dated after April 1st)
- Proof of Residence (BGE, Water bill. Lease updated, and a Deed )
- Concussion Information Sheet
- Sudden Cardiac

## **Physicals:**

Sports Pre-Participation Physical Exams

WHERE: University of Maryland Faculty Physicians, Inc. Urgent Care Building, 5890

Waterloo Road, Columbia

Walk-ins accepted

**Physicals are also offered at the following Locations:**

**Target Minute clinic, Righttime, and Patient First**

**Please remember to bring your clearance form for your physician to complete.**